



Rules and Procedures

The **Meeting Canyoning Madeira** is essentially a meeting of canyoning practitioners, intended **solely for autonomous practitioners**.

All practitioners know the potential risks of practicing this sport and know that the organization is not responsible for framing the activities, so it is not responsible for any accidents that may occur.

Canyoning in Madeira

The island of Madeira has great potential for the practice of canyoning due to the abundance of itineraries, a unique landscape and imposing environments.

The geological composition of the island of volcanic origin and its very accentuated relief, associated with its climatic conditions, largely affect the type of existing canyoning, characterized by accentuated unevenness and an abundance of waterfalls, often with dimensions exceeding 60 meters.

Seixal Naval Club

Clube Naval do Seixal is a public utility institution founded in 1991 located in the northern part of Madeira Island and whose main objective is to develop training and encourage nautical and leisure activities, namely in light sailing, cruise sailing, canoeing and mountain activities including Canyoning and mountain biking.

With a long history in sporting and organizing the most varied events, it has become a world reference in the practice of Canyoning and Mountain biking. At the moment the club has about 50 athletes affiliated in these activities, and a large part of them are accredited monitors, which allows them to provide training and courses in the sport.

This institution, in addition to nautical activities, plays a very active role in the policy of environmental conservation and the integration of the local community in leisure and recreation activities, also providing its members with a wide range of other social and recreational events.

1 – Meeting Logistics

1.1 Meeting Canyoning Madeira organization basis

The Clube Naval do Seixal, where the secretariat and accreditation of participants will function. Its location is Porto Moniz, more precisely in Seixal. From Madeira Airport it is approximately 58KM (about 60min)

Madeira Airport - Seixal (GoogleMaps) <https://goo.gl/maps/837RxPruCTq>

1.2 Secretariat

The secretariat will work at Clube Naval do Seixal from 2 pm on Monday 06 and 07 th June 2022.

Participants will only be officially considered at the event, after their registration at the Meeting Secretariat. If they choose to carry out canyoning activities before registering, they are not covered and cannot rely on the organization for any eventuality.

Pay attention to the points mentioned below:

- Authorizations from the Forests and Nature Conservation Institute, (Forestry Police Corps carries out the necessary inspections).
- Logistics of the Meeting Organization.
- In case of an incident/accident you must contact 112 (SOS).



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1.3 Information, presentation, group formation and logistical management

To be developed over the 06th and 07th of June at the Meeting secretariat, at the Clube Naval do Seixal from 14:00 to 20:00

1.4 Organization of groups and management of canyoning routes

Participants can take a wide range of canyoning routes selected by the organization (see canyons table attached). If they intend to descent canyons outside the ones presented there, the participants must request the necessary authorizations from the Forests and Nature Conservation Institute (IFCN) and inform the Meeting Organization, if they do not do so, it will be their responsibility, they are considered activities outside the Meeting Madeira to which the Organization does not assume any responsibility as it will not collaborate under any circumstances.

The routes recommended as official by the Meeting Canyoning Madeira are those that the organization recommends and organizes logistics for them, and the condition of the equipment has also been checked in advance. Participants must organize themselves into groups, preferably from 6 to 8 elements, which can vary over the days.

All participants need to have autonomy and skills appropriate to the routes they intend to take, to remember that Madeira is a physically and technically demanding canyoning destination, pay attention to your technical and physical level when selecting and informing the canyons you want to descent , organize the Meeting.

The groups are responsible for all the equipment necessary to carry out the activity, and they must also have the technical and moral duty to be accompanied by a first-aid kit, self-rescue material, a rescue rope per group and equipment to re-equip for in case of any eventuality you can minimize and select your progression. The Meeting Madeira organization together with the GIPS-BRM Team can carry out a verification of the group material throughout the days and if there is any material security breach, we will prevent its entry into the canyon until it is regularized.

On the day before each departure, groups must inform if they make changes to the route and schedule to the canyoning that they intend to perform, for the organization that validates the same change according to the availability of the intended route. With this procedure it is intended to avoid the excessive flow of practitioners simultaneously in the same canyoning. The management will take into account, among other aspects, the carrying capacity, weather conditions and the availability of transport by the organization.

1.5 Facebook, communication channel between participants

In order to establish a way of contact between the participants before the event to promote interaction between everyone, the organization created a Facebook group to which we invite you to join:

<https://www.facebook.com/groups/meetingcanyoningmadeira/>

<https://www.facebook.com/meetingmadeira/>

meetingmadeira@gmail.com



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1.6 Logistics

Within the availabilities, the organization provides access transportation to the canyons with more complicated logistics (logistics for canyons, Hortelã Superior, Seixal Superior, Passo Superior, Paul Inferno, Capulla and Agua Negra Superior)

There are schedules to be followed, so we will be extremely strict in executing them due to the logistics that are necessary for us to meet schedules.

Schedules:

8:30 am - For the canyons: Seixal Superior, Hortelã Superior, Água Negra Superior in the **parking lot of the Restaurant Laurissilva – Chão da Ribeira- Seixal.**

8:30 am - To the canyons: Passo Superior, Capulla, Inferno and Paul do Inferno at the **São Vicente ETAR.**

2. Equipment

The equipment is the responsibility of the participants, either the individual protective equipment (PPE) or the collective, being mandatory during the activities.

Mandatory for each participant to have a survival blanket, frontal, whistle, lighter, candles and/or the material they deem necessary for the eventuality of staying overnight in a canyoning for a variety of reasons.

Neoprene wetsuit: 5mm full two-piece neoprene wetsuit (pants and jacket) is recommended;

Ropes: Groups are responsible for securing the necessary ropes for their activities. If traveling individually, each participant must bring a rope;

Preferably 60 meters. It is recommended that those who are not organized in a group use Facebook group, created by the organization to combine management and logistics with other participants;

2.1 Canyon Equipment: selected canyoning are equipped with at least two fixed anchorages by rappelling;

2.2 Always use safety handrails for rappelling approach anchorages (always vertical to the waterfall). Carry out the relays, to avoid rubbing and facilitate recovery of the ropes;

3. Risk management

There are rescue services specialized in canyoning on the island, but the Meeting Organization ensures a team of GIPS-BRM prevention at the Clube Naval do Seixal on a permanent basis to minimize time and have an immediate response to the incident and/or accident. The organization provides an emergency number in case of need and will ensure daily monitoring of the groups' descents. For this, groups must complete the Group Management document, and deliver to the organization which canyon they are going to perform, date, scheduled time, constitution of the group, SOS mobile number in the canyon. All groups have the responsibility and moral duty to notify the Organization of the Meeting by SMS or Whatsapp when they finish the canyon, with simple information (Group 4 ended and everything OK) We will not be too condescending to those who do not do this, this is a measure of security.



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3.1 Group Management

Group management is intended to be redundant to Your safety, in order to have as much information about the group in case of any unforeseen events, so it is important to provide and fill in the “Group Management” document, providing members of the group, SOS contacts group, car license plate, accommodation, health problems of members of the group, we ask you to do it in the most correct and moral way for your safety.

3.2 Canyon selection by group

Due to the experience accumulated in previous years editions, we would like to refer and ask you to pay attention when selecting the canyons you intend to perform during the event. As you know Madeira is particular for its terrain, its canyons are known for their large unevenness, associated with large verticals having a technical and physical component where these variables are often not valued. So we ask the groups to self-assess before selecting the canyons they intend to do, there are times to complete the activities, that we will define until 18:00/19:00 with the end of the canyoning activities. Unforeseen circumstances and other situations may arise where we will be tolerant, but any group that is recidivist in finishing canyons outside these times, we will, as a Meeting Organization, adapt their canyons to their skill and reality for safety reasons. All these measures are for Your well-being, and don't see them as too harsh measures, that we call security. Do not forget that we are knowledgeable about the terrain, its difficulties and its times, we are not asking for anything in excess and at random.

3.3 JUMP Progression

Madeira's canyons are not prone to jumps, we ask for your security not to look for a jump because of a photo. We have a record in the past of incidents caused by jumping. We are most grateful that you have this matter in mind for your safety.

3.4 Redemption Procedures

In the event of an accident and/or incident, collect as much information as possible, depending on the severity. The group tries to select the best way in order to give more comfort to the victim and if it possible 2 group members will make the request for help with the organization.

Information that must be transmitted to the Contact Organization:

- Group Number
- Accident/incident type
- State of the victim
- Location (Canyon and rappel number or approximate)
- Measures that started preventive

The more accurate the information, the more effective and faster the help will be the rescue.

3.5 Contact organization

The Meeting Organization provides this contact tel./WhatsApp (+351) 966 029 426, for end of activity communication, for incident and/or accident situations or situations considered of importance even after activities. It will be a contact available 24H for the organization by phonecall or sms.



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We recommend that you add it to your contact list.

CONTACT SOS: 112
Organization Tel./SMS/WhatsApp (+351) 966 029 426

4. Environment

4.1 Laurissilva Forest, Unesco Heritage since 1999

Floresta Laurissilva is the name given to a type of subtropical rainforest, mainly composed of trees of the lauraceous family and endemic to Macaronesia - a region formed by the archipelagos of Madeira, Azores, Canary Islands and Cape Verde. It has greater expression in the highlands of the island of Madeira, where its largest and best preserved spot is located, having been considered, in 1999, by UNESCO as a World Heritage Site, occupying an area of about 15,000 hectares.

Laurissilva dates back to the Miocene and Pliocene periods of the Tertiary Period, 20 million years ago. At that time, the forest occupied the entire area of the now Mediterranean basin, Southern Europe and North Africa. As a result of climate changes determined by the formation of the Mediterranean, this forest ended up having as its last refuge the insular regions, where, due to the lesser climate fluctuation provided by the softening effect of the Atlantic Ocean, it managed to survive and even thrive.

One of the best ways to get to know this fantastic environmental heritage is to walk along the paths, levadas and our canyons that cross this green spot and which allow direct contact with the endemic species of Madeira's flora and fauna.

4.2 Good Practices

Given the classification we have in the areas surrounding the canyons that we will be holding during the Meeting Canyoning Madeira, we want you to enjoy these conditions and always keeping in mind the best practices for the environment.

Anyway, we will mention the care with the garbage in your picnics, (do not throw the fruit peels into the forest as it is biodegradable but something invasive to the environment), smokers beware of the butts of the cigarette collect them, in general, pay attention and be careful with good environmental practices. If the Meeting Organization is aware of acts less appropriate to the environment, it will not be condescending to those who practice these acts and will be expelled from the event.

The Clube Naval do Seixal and the Meeting Organization has all the support of the IFCN for the holding of the Meeting Canyoning Madeira event and for that we also count on your collaboration to maintain these good relations and for future editions.

5. European Health Card

5.1 Organization recommends participants to carry a European Health Card and is intended for citizens traveling to a Member State of the European Union, Iceland, Liechtenstein, Norway and Switzerland.



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6. Meeting Canyoning Madeira contingency plan

The space where the activity takes place, participants must ensure that all people who collaborate and participate in it are aware of compliance with the rules of:

- Temperature control (start and end activity);
- Respiratory label;
- Correct hand washing;
- Sanitation and environmental control measures

6.1 Measures to reduce the risk of transmission

The following should be followed:

- Disinfect hands on arrival and departure from the local activity and after contact with common surfaces and equipment
- Ensure that a minimum physical distance of at least 2 meters is guaranteed when you are not carrying out any activity 2 meters between people during the practice of physical exercise
- Organize spaces and equipment differently
- Mandatory use of mask for
- Prohibit physical contact between technicians and practitioners

6.2 How the activities (canyoning/workshops) should work

- Maximum group of participants (6/8);
- Ensure the distance of at least 2 meters between practitioners;
- Promote ventilation of training and social spaces;
- Ensure the cleaning of spaces and equipment used between sessions;

6.3 The activities that take place outdoors will:

- Privilege spaces with little movement of people
- Ensure the physical distance of at least 2 meters between practitioners
- Ensure the correct cleaning and sanitation of equipment and materials between groups/
collective equipment activity